



Transforming the future of ageing

14:00 Opening and welcome

*Professor George Griffin, FEAM president,
Academy of Medical Sciences (UK)
Professor Gabriel-Ioan Prada, National Institute
of Gerontology and Geriatrics (Romania)*

14:10 Introduction to SAPEA

Professor George Griffin

**14:20 Intrinsic capacity in old age: The link
between frailty and resilience**

Professor Gabriel-Ioan Prada

**14:40 Risks associated with hospital
admissions in older people**

*Professor Valer Ioan Donca, Iuliu Hatieganu
University of Medicine and Pharmacy
(Romania)*

15:00 Coffee break

**15:20 Addressing the challenges of healthy
ageing across the life course**

*Professor Diana Kuh, co-chairperson of the
SAPEA working group (UK)*

**15:40 Reinforcing and updating the social
and health care workforce in Europe**

*Professor Jean-Pierre Michel, chairperson of the
SAPEA working group (France / Switzerland)*

**16:00 Defensive medicine: The impact of
the therapeutic approach in senior
patients**

*Professor Ioana Dana Alexa, Grigore T Popa
University of Medicine and Pharmacy,
(Romania)*

**16:20 Benefits of technological advances to
tailor care needs**

*Professor Richard Reilly, member of the SAPEA
working group (Ireland)*

16:40 Brain cleaning systems and ageing

*Professor Bogdan Popescu, Carol Davila
University of Medicine and Pharmacy
(Romania)*

17:00 Panel discussion

*Brian Maguire (moderator)
Professor Jean-Pierre Michel
Professor Bogdan Popescu
Associate Professor Anna Marie Herghelegiu
Professor Valer Ioan Donca*

17:30 Conclusions and closing

*Professor George Griffin
Representative from Romania (to be confirmed)*